



**Dr. Katy and Teddy the Great Dane  
at All Creatures Great and Small,  
Cobourg.**

## News:

- My husband Todd and I were married in Nassau, Bahamas on May 22, 2010. We had a wonderful day surrounded by friends and family and are enjoying our first married year together!
- Fall 2010, I raised \$85 for the Shelter of Hope with my talk on the prevention of low back pain at BodyBalanced Wellness in Cobourg. I am always open to donate to different organizations. I can speak on a number of chiropractic related topics (both human and animal) and am available to treat animals at your event. Gift certificates are also available for fundraisers.
- From November 12-14<sup>th</sup> 2010, I attended the annual American Veterinary Chiropractic Association conference in Phoenix, Arizona. It was a great time, except for the unexpected freezing cold weather! Some of the interesting courses that I took included equine podiatry, chiropractic care for birds and exotic pets, saddle fitting, clinical neurology, physical rehabilitation and sacral occipital technique.

## Spring has Sprung!

We made it through the long and cold winter and I am so happy to see that the warmer weather has arrived (as I am sure that you are too!). Spring is a perfect time to tune-up our vehicles, clean out our houses and put a little extra time into our own health. It is also an exciting time to finally get outside, enjoy the weather and get active with our pets. Like us, our pets need a little extra TLC in the spring to ensure that they are ready to endure more demanding exercise schedules. A chiropractic tune-up is a great way to make sure that the joints of the spinal column and extremities are moving mechanically correct in order to maintain normal function and prevent injury.

**Animals feel their best when they feel free to move and play.  
Chiropractic care helps pets achieve optimal mobility so that they can  
lead their best life!**

## Hours

**Animal Mobile:** Monday 8am-2pm and Wednesday 8:30am-3pm

**All Creatures Great and Small Peterborough:** Monday 3-6pm

**All Creatures Great and Small Cobourg:** Wed. 4-6pm and Fri. 9-11am

**Ganaraska Chiropractic (Human appointments only):**

Tuesday 2-6pm. Thursday 8:30am-6pm and Friday 1-4pm

## New Website

My new website, [www.petchiro.ca](http://www.petchiro.ca) is up and running! My pamphlet, fee schedule and contact information can be found here for your convenience. Please feel free to contact me if you ever have any questions.

On Facebook? Become a fan of PetChiro.ca

## Happy Spring Everyone!



**Cobourg, Ontario**

**905.376.0051**

**[www.petchiro.ca](http://www.petchiro.ca)**